



# Dr. Alexander Loyd

Author • Therapist • Speaker

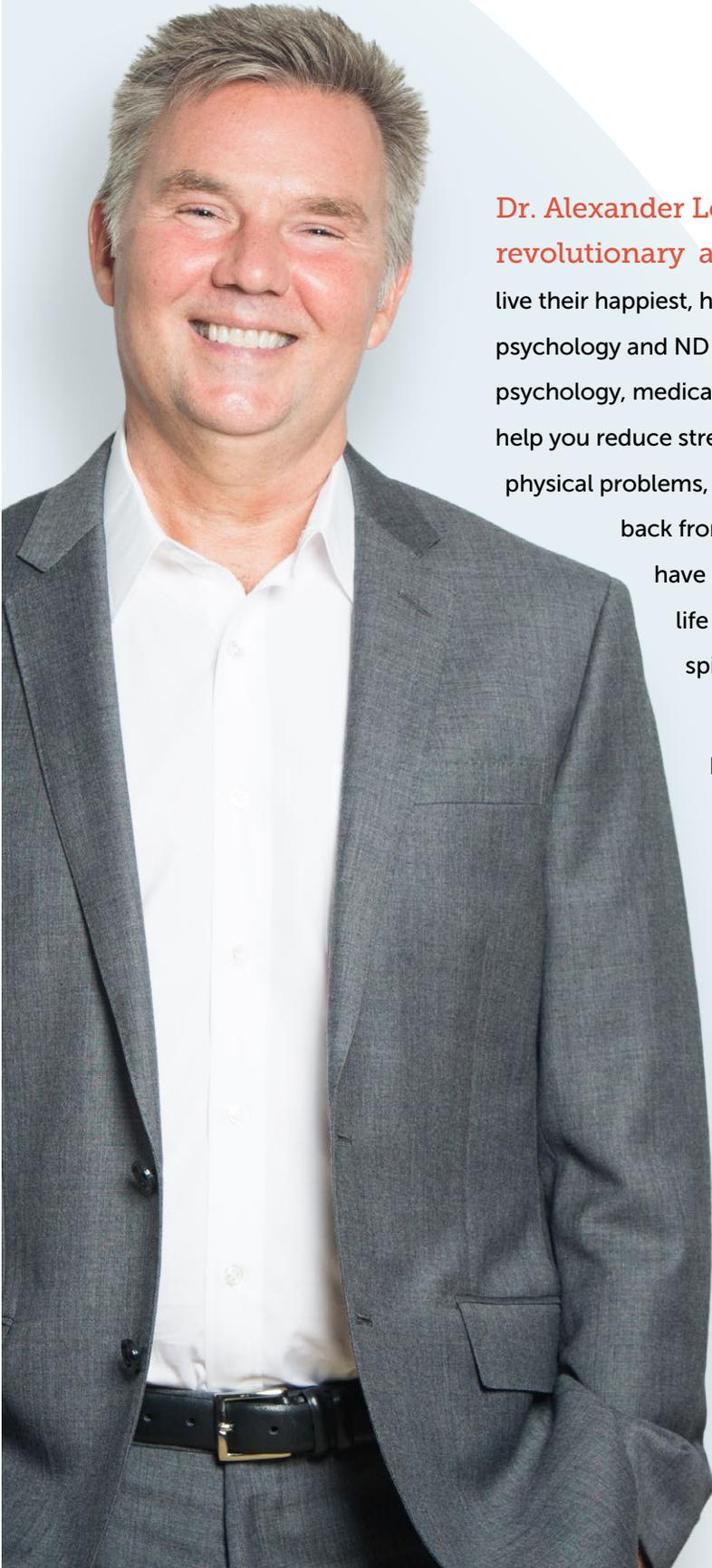
**Dr. Alex**  
Whole Life Healing

# Bio

**Dr. Alexander Loyd, best-selling author and founder of the revolutionary and Healing Codes techniques,** helps people live their happiest, healthiest and most successful lives. With a Ph.D. in psychology and ND in naturopathic medicine, Dr. Alex combines proven psychology, medical science, energy medicine, and spiritual principles to help you reduce stress, identify and heal the root causes of emotional and physical problems, and remove negative beliefs and barriers that hold you back from happiness and success. His techniques and practices have helped people all over the world experience whole life healing in their relationships, jobs, bodies, minds and spirits.

Dr. Alex has appeared on ABC, NBC, CBS, FOX and PBS, and his methods have been featured in outlets such as People, Time, USA Today and Oprah.com. Prior to discovering The Healing Codes, he had a private practice as a therapist. He has clients in all 50 states and in 163 countries.

Dr. Alex is passionate about helping people heal and live their most successful lives. His genuine and accessible communications style helps make complex scientific principles easy to understand and apply, and his methods and tools are easily self-taught and practiced. With a holistic approach to healing the mind, body and spirit, Dr. Alex empowers people to live whole, happy, and healthy lives in peace and love.





**“It has since been my mission to share this method with the world and help as many people as possible...”**

# Story

My wife, Tracey, was severely depressed – and had been for 12 years. Her battle with depression had left her exhausted, drained, discouraged, and at times, ready to give up. It affected every aspect of our life and family, sometimes stressing us to the breaking point. And for me? I felt utterly helpless. Helpless in a situation that brought pain and agony to myself and those I loved. Helpless, despite my clinical training as a therapist and my track record of helping clients just like Tracey. Helpless, and searching desperately for answers through books, workshops, doctoral education, and work with my own patients.

We had tried everything. Counseling, therapy, vitamins, minerals, herbs, antidepressants, alternative medicine and prayer. While some practices provided a bit of relief, it seemed as if nothing could alleviate her deep depression permanently. Some of the side effects were even more difficult to deal with than the illness itself.

Then, in 2001, I was traveling home from a speaking engagement in Los Angeles. Right before boarding the plane, I talked to Tracey through a particularly dark moment, and I was praying fervently as I took my seat. It was over the next three hours that God finally answered my prayer, revealing a healing system that would prove to heal Tracey and go on to help countless others. Nothing mystical occurred, no voices from

heaven, no writing on the walls, but it was an experience outside of myself, one that I knew was a revelation of an undiscovered therapeutic method that could help reverse past pain and trauma and correct the wrong beliefs that led to countless emotional and relational issues.

The practice was simple – a series of exercises involving the hands and “energy centers” in the body – but the results were astounding. Within three weeks of doing what we now call The Healing Codes, Tracey’s depression was gone and has never returned. After seeing this method work with Tracey, I began validating it with other clients, research, and scientific medical testing. What I witnessed blew me away. In addition to seeing spiritual and emotional issues healed, people began coming to me with stories of physical healing, with everything from asthma to cancer, as stress was removed and their bodies strengthened to fight disease. It has since been my mission to share this method with the world and help as many people as possible – not just in areas of physical healing, but in navigating relational problems, failure and other issues that keep us from living our happiest and most successful lives.

After her healing, Tracey changed her name to Hope – a symbol of new life. I am here because I want to offer you that same hope, hope that you too can heal your mind, body and spirit and live in the fullness for which you were created. I hope you will join me in this journey.



# Testimonials



*“I have a history of skin cancer going back several years. I have had a number of them removed but they seem to always either come back or new ones pop up somewhere else – it has been frustrating, painful, expensive, and a little scary at times. The last time I had one come up I did a Healing Codes exercise and the cancer was gone in less than a week – It was UNBELIEVABLE! Thanks.”*

*–Steve*

*“Let me say how happy I am with the Codes. I almost instantly changed my sleep pattern. I have had problems with insomnia on and off almost my whole life and I now sleep better and harder than I ever have before. I keep doing the Codes and trust that this will heal the other problems I have as well.”*

*–Helle*

*“Suicidal depression had forced my family to make major changes out of their fear for my well-being. I had no energy, no desire for life, and everything seemed like a mountainous chore. My husband is an M.D. but he was at his wits end – we had tried everything. I was very skeptical when I heard about The Healing Codes, but I was more desperate. In less than two weeks my depression was completely gone. Not only could I not believe it – no one around me could either. Now my entire family and a number of friends do the exercises – some do them everyday, some when a need arises. The Healing Codes has truly been a gift from God.”*

*–Mary*

*“I have suffered from depression, guilt and extreme sadness since the death of my daughter last year. With the first of the holidays approaching since her death, I became even more depressed, with uncontrollable crying many, many times a day. I was living in seclusion, overeating, smoking more cigarettes than I would normally do, and the thought of suicide sat in the back of my mind. I cried out for help to the right person, that’s for sure, and found The Healing Codes! I quit crying completely, my overeating has stopped, and I haven’t quit smoking (yet!) but am back down to the amount I would normally consume. Today, if I think of my daughter’s death, there are still no tears, no negative feelings of her or her death. I have been given such a great gift with the discovery of The Healing Codes!”*

*–Sydni*





## Connect with Dr. Alex

Website:  
[www.dralexanderloyd.com](http://www.dralexanderloyd.com)

Facebook:  
<https://www.facebook.com/dralexanderloyd/>

Twitter:  
<https://twitter.com/dralexloyd>

For booking info please  
email us at:  
[contactus@thehealingcodes.com](mailto:contactus@thehealingcodes.com)

# Workshops

## Healing Codes I

The Healing Codes Workshop focuses on the 12 Categories of The Healing Codes technique using Custom Guided Codes for each of the 12 Categories. In this workshop, Dr. Alex addresses foundational issues and specific issues that affect every aspect of someone's life. All workshop attendees will leave with custom codes to continue their healing at home.

## Healing Codes II

The Healing Codes II Workshop focuses on every relationship issue in someone's life and how to heal it from then on for themselves and their family or loved ones. Using both the original Healing Codes I and the newly released Healing Codes II techniques, workshop attendees will receive powerful custom codes to take their healing to the next level.

## The Love Code

Based on Dr. Alex's popular, *The Love Code* book, The Love Code workshop is about how to live your life for ultimate happiness, health and success. This workshop includes all of the tools and guidelines you need to live the life you've always wanted to live. Workshop attendees will learn the Reprogramming Statements, Heart Screen Meditation, Energy Tools, all while applying The Love Code teachings to their personal life.

